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OFFICIAL INVITATION TO ALL WAKO MEMBERS THEIR ADDRESSES



Dear WAKO friends,

On behalf of the WAKO European Board, It is my pleasure and great honor to invite you and your team to take part in WAKO European Championships for Cadets and Juniors, which will be held in San Sebastian, Spain, from 22nd to 29th August 2015. WAKO Spain leaded by Mr. Jose Vicente Eguskiza and promoter Mr. Borja Mendiroz, after great success in promoting last year's WAKO European Championships for seniors in Bilbao

will do their best to make this WAKO Europe event is an ever greater success.

Now they have a lot of experience and with our top class organizing Committee in Europe, I am sure that we will have another fantastic WAKO European Championships.

WAKO European Championships for Cadets and Juniors will be in all WAKO disciplines according to WAKO rules. In one place we will see the best young WAKO European fighters coming from all around Europe with desire to fight and present themselves on best possible way. Children are not the people of tomorrow, but are people of today. They have a right to be taken seriously, and to be treated with tenderness and respect. They should be allowed to grow into whoever they were meant to be. 'The unknown person' inside each of them is our hope for the future. They are our only future and we must develop and nurture them.

Besides the Championships and pleasure to enjoy in achievements of our young athletes we will also have a chance to enjoy in beautiful city of San Sebastian which is one of the most popular cities of Biscay region. It is very famous for its beautiful architecture, coast, beaches and restaurants. I am sure that all of us will have a lot of fantastic memories to bring back home.

Please, read carefully all necessary information about your participation in WAKO European Championships for Cadets and Juniors and do not hesitate to contact us. I look forward to Seeing you all very soon in San Sebastian.

Respectfully Yours,

Prof. Borislav Pelević Ph. D WAKO Europe President

Telen



















Dear WAKO Friends,

On behalf of the WAKO IF Board, it is my great pleasure to invite you to attend WAKO Cadets & Juniors European Championships 2015. This edition of our Cadets & Juniors Championship will be take place in wonderful city San Sebastian, Spain from 22th to 30th August 2015. The WAKO Spain, organizer of WAKO Seniors European Kickboxing Championships 2015 for ring disciplines will organize this championships and I am sure that they will organize a great event as they did last year. The event will be in a period that weather in San Sebastian is very good so participants will have the chance to enjoy the summer season in this wonderful city. This is a very important event for WAKO because Cadets & Juniors are our future and this is a great opportunity for our future champions to show their potential.

Respectfully Yours,

Mr. Salim KAYICI

WAKO IF Acting President



















WELCOME TO THE 2015 WAKO EUROPEAN JUNIORS AND CADETS CHAMPIONSHIPS IN SAN SEBASTIAN



Dear WAKO members,

As everybody knows Spain has a long tradition in competition international events and, as usual, in cooperation with the City Hall as main promoters of the event, we will do our very best to offer you all a memorable event. Next WAKO EUROPEAN Championships will be entirely dedicated to our beloved WAKO President, Ennio Falsoni, who wished so much the 2015 European Championships for Cadets & Juniors were taken in SAN SEBASTIAN, .

We wish Ennio was proud of us, so following his standards and lessons in the organization of such important international event we'll make sure you'll have another great experience in San Sebastian, enjoying your time and the Championships!

We are very pleased to confirm you that San Sebastian stadium will be beautifully equipped with 8 tatamis and 3 rings and everything else we need to have a very nice competition. As many of you already know, the sporthall has also large spaces for training and warming up. The sport hall is not very far away from San Sebastian center that will be the Headquarters of our 2015 Cadet/Junior EuropeanChampionships during the first 2 days (22-23/08) for registration, weigh in and medical control. All referees seminars and meetings also, included WAKO General Assembly, will take place over there on Monday 24 of August, 2015. In the next few pages there is all information you need in order to make your reservations, book your flights, enter your competitors in our Championships. We remain at disposal for any further information you may need.

Looking forward to seeing you soon again in Spain!

LOCAL ORGANISING COMMITTEE:

1. Promoter: Borja Mendioroz - Tel: +34667031394, aizkorazorroztu@hotmail.com

 Organizer/secretary: Ana Isabel Sordo - Tel: +34600432330, wakospain@gmail.com
Hotel Coordinator/Organizer: Ane Gaztelumendi - Tel: +34943326600 - ext 5306 Lorea Uranga - Tel: +34943326600 - ext 5174, kickboxing2015@basquedestination.com
Transportation Coordinator/Organizer: Ane Gaztelumendi - Tel: +34943326600 - ext 5306 Lorea Uranga - Tel: +34943326600 - ext 5174, kickboxing2015@basquedestination.com

5. Volunteer Coordinator/Organizer: Jose Eguzkiza - Tel: +34610901011

Mr. Borja Mendioroz Domezain

Promoter of WAKO European Juniors and Cadets Championships



















1 Event Schedule

Date/Day	Time	Time	What	Who
	Start	Finish		
Friday 21 st	20.00	23.00	Organizational Committee	WAKO Europe
			meeting	Organizing Committee
Saturday 22 nd	10.00am	20.00	Arrival of delegations. Registration, weigh in and	All Delegates
Our day oord	40.00	00.00	medical control	
Sunday 23 rd	10.00am	20.00	Arrival of delegations. Registration, weigh in and medical control	All Delegates
	22.00	22.00	Registration Check Sheets for coaches issued *Online*	WAKO Registration team to Coaches/Officials
Monday 24 th	10.00am	11.00am	Error Correction ** NO CORECTIONS WILL BE ALLOWED AT DRAWING**	WAKO Registration team & Coaches/Officials
	9.30am	12.00am	International Referee Seminar (Ring Sports) ** Note ALL referees must complete this course to be in a position to officiate**	WAKO Europe Refereeing Committee/National Referees
	12.00	15.00	International Referee Seminar (Tatami Sports) ** Note ALL referees must complete this course to be in a position to officiate** Includes Forms	WAKO Europe Refereeing Committee/National Referees
	3pm	17.00	WAKO Europe General Assembly	WAKO European Presidents/Delegates
	5pm	19.00	Drawing List + Mandatory Coaches meeting (Maximum three coaches per country)	Technical Director - WAKO Europe organizing Committee / National Coaches
	20.00	20.00	Draw Sheets Issued ** Online**	WAKO Organizing Committee
	8pm	22.00	Dinner/Banquet for WAKO presidents	WAKO Presidents + 1 official
Tuesday 25th	10am	10.30am	Opening Ceremony	All Presidents, Officials ,Coaches, Referees and Competitors
	11am	18.00	Comptition Start (PF – LC – KL – LK – FC)	Coaches and Competitors
	20.00	22.00	WAKO Europe Board Dinner	WAKO Europe Board



















Wednesday	7am		Weight Control (Ring Sports	All Competitors
26th			ONLY)	Competing
				on the day.
	10am	18.00	Quarter – Semi Finals (MF- PF – LC – KL – LK – FC)	Coaches, Referees and Competitors
Thursday 27th	7am		Weight Control (Ring Sports	All Competitors
			ONLY)	Competing on the day.
	10am	18.00	Semi Finals Start (MF - PF –	Coaches, Referees and
			LC – KL – LK – FC)	Competitors
Friday 28th	10am	12.00	Semi FInals (MF - PF – LC –	Coaches, Referees and
			KL – LK – FC)	Competitors
	12.00	18.00	Finals (- PF – LC – KL – LK –	Coaches, Referees and
			FC)	Competitors
Saturday 29th	7am		Weight Control (Ring Sports	All Competitors
			ONLY)	Competing on the day.
	10am	18.00	Finals (MF- PF – LC – KL –	Coaches, Referees and
			LK – FC)	Competitors
	20.00	23.00	Sayonara Party	Competitors, Officals,
				Coaches
Sunday 30th			All Teams free to depart	

2 WAKO Europe Organising Committee

Roy Baker (Technical Director) Ireland roy.baker@airtricity.com Jens Walbersdorf wakoevent@gmx.de Germany Nicola Traina nicola.traina@vodafone.it Italy Romeo Deša romeo.desa@ri.t-com.hr Croatia Giorgio Lico giorgiolico@libero.it Italy Srđan Bugarčić Serbia office@wakoeurope.com





















3 City Information

Donostia San Sebastian has been chosen as the venue for hosting the WAKO European Junior and Cadet Championships for several good reasons.

WAKO European Championships will feature all WAKO disciplines for cadet and junior categories and participation will be of 2.000 athletes from approximately 40 countries. The starting date will be on August 22 until August 30.

During the five days that the competition develops, it will be broadcasted on both local and international channels (FOX TV) and also live streaming will be available.













Donostia San Sebastian is a city of 183.000 inhabitants, with an unusual cultural activity for its size. Beautiful La Concha Bay, known as the Pearl of the Cantabrian, is a site of stunning grandeur, like a seaside amphitheater with the water and mountains just steps away.

The perfect setting of La Concha bay is the trampoline for many activities, from longdistance hiking to - Coastal Road to Santiago crosses it - to jogging, as well as cycling or, on the beach, Basque Pelota in natural frontons, swimming, and many other water sports.

Donostia San Sebastián is the administrative capital of Gipuzkoa, one of the three provinces making up the Basque Autonomous Community. It lies to the northeast of the Iberian Peninsula, 30 kilometres from the border with France.

The crossborder region running from San Sebastián to Bayonne represents an important hub of social,

economic and tourist development in the southwest of the European Union (EU).























The most recognisable city snapshot features the beaches of Ondarreta and the Concha, with Santa Clara Island nestling in the centre of the bay. The city's third beach, the Zurriola, lying alongside

and beyond the Kursaal Congress Centre, is famous worldwide for its excellent surfing.

Its smart urban layout and short distances make San Sebastián perfect for getting around on foot, with sprawling pedestrian precincts bike lanes and promenades that hug the city coastline from tip to tip.

A city of deeprooted international tradition dating back to the 19th century, San Sebastián offers an excellent clean public transport service, an icon of architecture the Kursaal Congress Centre and Auditorium, a varied choice of hotels and, above all, what is now one of the best known creative gastronomies in the world.





























How to travel to San Sebastian, Basque Region, Spain.

By Air:

San Sebastian Airport is a full equipped local airport with flights from Madrid and Barcelona.

The nearest international airport is the Bilbao's International Airport with more than 600 flights weekly, linking directly and in an average of 1 to 3 hours, with Amsterdam, Athens, Berlin, Brussels, Bucharest, Dublin, Dubrovnik, Düsseldorf, Istanbul, Frankfurt, Funchal, Geneva, Lisbon, London (Heathrow and Stansted), Manchester, Marrakech, Milan, Munich, Oslo, Paris (Charles De Gaulle and Orly), Prague, Rome, Santorini, Stuttgart, Tunis and Venice. It also offers connections with the main cities in Spain.

The other nearest airport is the Biarritz's Airport with good connections with Paris, London, Marseille, Lyon, Bournemouth, Dublin, Birmingham, Strasbourg, Belfast, Brussels and other important cities.

By Car:

France: San Sebastian is 8 hours from Paris by car, with connections to other important cities along the route: the nearby Bayonne, Biarritz, Pau, Toulouse, Bordeaux, Limoges, Tours...

BY BUS

INFORMATION FOR BUS DRIVERS: Private coaches arriving to San Sebastian can find an appropriate place to stop, in order passengers to get off and get on. The bus can only stop for a maximum of 20 minutes at this place located in Avenida Zurriola, 6, in front of Kursaal Congress Hall, just 5 minutes walking from city's Old Town and city centre. (43° 19' 26.1366"N 1° 58' 43.1898"W) To park the bus, there is a suitable place behind Garbera Commercial Centre, at the east side of the town (43°18'33"N 1°56'42"W). This

commercial centre is connected by buses 33, 24 & 27 of the DBus bus company.

By SeaFerry

The Port of Bilbao (one hour distance from San Sebastian), one of the most important transport and logistics centers on the Atlantic Arc, makes the Bay of Biscay a real highway to the city through a regular ferry line from England, with the vessel Cap Finistère. This Brittany Ferries shipping company ferry moors 20 minutes from the city centre, at the dock.

















Accomidation Details:

As with Any Championships, it is imperative that you place your accommodation request on or before **June 30, 2015**. If you do not do so WAKO Spain <u>cannot guarantee</u> your accommodation for you and your team and on the contrary, you will likely incur a further charge as accommodation in San Sebastian in high season is scarce and expensive, so it is in your best interest to reserve as soon as possible.

All booking must be made on: kickboxing2015@basquedestination.com

Please note All Accomodation for Competitors, Referees, Officials, Support Staff must be booked through WAKO Spain.

HOTEL – 4 Stars Superior Hotels:

- Single Room 110 euro/person/night
- Double Room 90 euro/person/night
- Triple Room 80 euro/person/night

* Note: Prices include Half Board and transportation from hotel to sports hall and back;

HOTEL – 4 Stars:

- Single Room 95 euro/person/night;
- Double Room 75 euro/person/night;
- Triple Room 65 euro/person/night

* Note: Prices include Half Board and transportation from hotel to sports hall and back;

HOTEL – 3 Stars:

- Single Room 80 euro/person/night;
- Double Room 60 euro/person/night;
- Triple Room 55 euro/person/night

* Note: Prices include Half Board and transportation from hotel to sports hall and back;

HOTEL – 2 Stars:

- Single Room 65 euro/person/night;
- Double Room 55 euro/person/night;
- Triple Room 50 euro/person/night

* Note: Prices include Half Board and transportation from hotel to sports hall and back;

















4** HOTELS**

1. Hotel San Sebastián**** http://hotelsansebastian.net/en/

The Hotel San Sebastián is located in the exceptional area of Ondarreta, just a few meters from the beach. This recently-refurbished hotel offers guests all the latest conveniences. Its 90 well-appointed guest rooms all feature a pleasant décor, for perfect comfort. Rooms on the fourth floor also have a solarium terrace. With a number of different sized meeting rooms, the Hotel



San Sebastián is the ideal venue for all types of events and celebrations. Of all the hotel's facilities, the lobby is worthy of a special mention, where guests can enjoy the outdoor views in a moment of peace and tranquility. In addition, Wi-Fi is available free of charge throughout the hotel. The Ondarreta Cafeteria Restaurant at the Hotel San Sebastián, offers a wide range of options, serving traditional cuisine with an innovative twist.

2. Hotel H K10**** http://www.hotelk10.com/index.php

Just outside the town of Urnieta, the HK10 Hotel lies in a privileged location. At just 5 minutes from San Sebastian center, it's very close to the city but away from the racket, placing the hotel in a strategic location for both tourists who come to visit Donostia or anyone wanting to get to know the Basque County, or those who have to travel for work.



3. Hotel SILKEN Amara Plaza**** SUP <u>http://www.hoteles-</u> silken.com/hoteles/amara-plaza-san-sebastian/

Excellent location with art at the center. Its bold exterior and advanced technology contrast with an interior in harmony with the elegance of San Sebastián. Located at the entrance of the city, it is the start of a stunning walk to the bay of the Concha or to the old part of the city, where you can try some of the tasty 'pintxos' made with typical products from the region.





















4. Hotel NH Aranzazu**** SUP <u>http://www.nh-hotels.com/hotel/nh-collection-san-</u><u>sebastian-aranzazu? ga=1.116967622.1529911234.1431189032</u>

Located in the upmarket Ondarreta district of San Sebastian, the NH Collection San Sebastián Aránzazu hotel, formerly known as NH San Sebastián Aranzazu,puts you 5 minutes from one of the region's best beaches. There are plenty of bars and restaurants dotted about the area and the city center is a pleasant 30minute stroll along the promenade. The Basque Culinary Center and several Michelin-starred restaurants are in easy reach, too: 5-minute



walk from Ondarreta beach , 30-minute stroll to the center of San Sebastian & easy access to the Basque Culinary Center and several Michelin-starred restaurants .

5. Hotel Palacio de Aiete**** http://www.hotelpalaciodeaiete.com/en/

The Palace Hotel Aiete in San Sebastian is situated in a privileged location in the exclusive and quiet area of Aiete, perfectly connected to all parts of San Sebastian. Our hotel is especially near Miramon Technology Park, Miramar Palace and Zuatzu Business Park, one of the most emblematic areas of San Sebastian.



6. Hotel Costa Vasca****

http://www.barcelo.com/barcelohotels/en_gb/hotels/spain/san-sebastian/hotelbarcelo-costa-vasca/general-description.aspx

The Barceló Costa Vasca hotel is located in San Sebastian, close to La Concha bay. Ondarreta Beach, or the famous Peine del Viento (Wind Comb), by sculptor Eduardo Chillida, are some of the tourist attractions to be found within strolling distance of the hotel.





















3*** HOTELS

1. Hotel Zarauz*** http://www.hotelzarauz.com/en/index.php

Zarautz, 15 Km from Donostia-San Sebastian, is an attractive and modern tourist place, which offers many services. Its sea promenade has numerous restaurants where visitors can savour the top-quality cuisine, taking delight from the superb views. Due to the nature of the waves, the Zarautz beach is a paradise for those who love surfing and nautical sports.



2. Hotel Urdanibia Park *** http://www.hotelurdanibia.com/en/

The Hotel Urdanibia Park in Irun lies on the national I, in front of the San Sebastian Royal Golf Club. This hotel in Irun is only 3 min. from the airport of San Sebastian, 5 from the beaches of Hondarribia and only 7 of San Sebastian.

3. Hotel Avenida*** http://www.hotelavenida.net/en/

The Hotel Avenida is located in a privileged site, in the slopes of the Monte Igeldo, a few metres from the residential area Ondarreta and its beach.





4. TALASOTERAPIA ZELAI *** http://www.talasoterapiazelai.com/en/

Talasoterapia Zelai is set on the beachfront in Zumaia. It is features a thalassotherapy centre, an indoor pool, free Wi-Fi and a restaurant. A very special place to discover our best secrets.



















5. Olarain http://www.olarain.com/

Located 300 metres from Ondarreta beach at sea level, in a quiet and relaxing area. Olarain is a place where modern pieces coexist with antiques drawn from cultures around the world. It is a small museum whose exhibits constitute its biography, and all of which belong to our collective memory.



2** HOTELS

1. AGINAGA HOTELA ** <u>http://www.aginagahotela.com/hotel-ciderhouse-san-</u> sebastian.html

Close to San Sebastian, in the middle of nature. After 20 years' experience with Sidrería Aginaga, its owners have established the Hotel Aginaga, a project carried out with a great deal of love, enthusiasm and excitement and which indicates their firm commitment to energy efficiency in all of the Hotel's facilities.



The result is a comfortable, modern hotel design which, in conjunction with the tradition of the renowned Sidrería Aginaga, will make your stay an unforgettable experience.

2. Hotel Ibis** http://www.accorhotels.com/gb/hotel-3220-ibis-irun/index.shtml

Our ibis hotel in Irún is located 0.6 miles (1 km) from the center of Irún and the Ficoba exhibition center, 5 minutes from the beach and 1.6 miles (2.5 km) from San Sebastián Airport. Its rooms have been designed with our guests' comfort in mind and are fully equipped with air conditioning, heating, TV and WIFI. Guests at the ibis Irún hotel can also enjoy the restaurant, 24-hour bar, parking and meeting rooms. Stay with us and enjoy everything you need for an excellent stay at a very reasonable price!





















3. Manuel Agud Residence <u>http://www.resa.es/eng/Residences/Manuel-Agud-</u> <u>Querol</u>

The Manuel Agud Querol Residence Hall is located in the Campus of Ibaeta of the UPV/EHU, next to the schools of Architecture, Business Studies, Education, the Polytechnic University School and the departments of Law, Philosophy and Education Science, Computer Science, Psychology and Chemistry.



4. Green Next Hostel in San Sebastian http://www.nesthostelsansebastian.com/

Green Nest Hostel is a new youth hostel offering quality accommodation at very low cost, designed for young people who want to know San Sebastian while staying in the countryside and also enjoy the latest, as this hostel with free WiFi.

5. Ametzagaña Guesthouse http://www.ametzagana.com/en/

Ametzagaña Guesthouse is located at the lovely city known as Donostia-San Sebastián, only 4 km away from the city center and the Concha Beach.

Sorrounded by recently restored National Parks such as Ametzagaina Park, the guesthouse offers rooms, a restaurant, and Café & Lounge Bar.

Roms offered vary from standard to suites, finding a private restroom in each one of them, free WiFi conection and a TV. A peaceful and a natural environment can be felt from every room.

















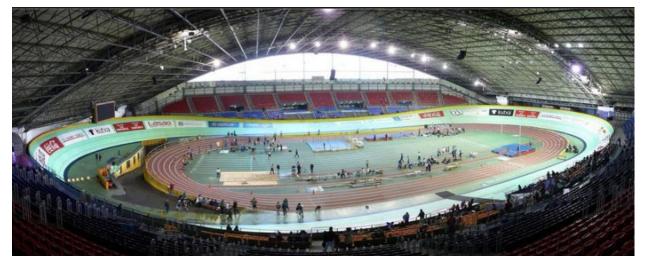






Arena

Paseo de Anoeta, 14, 20014, San Sebastian, Gipuzkoa.



1. Competitors/Officials registration

All registrations will take place in the Arena, Paseo de Anoeta, 14, 20014, San Sebastian, Gipuzkoa.

GPS: 43° 17′ 55.76″ N, 1° 58′ 20.26″ W

2. TOURIST SERVICE FEE

The service fee per person and night of : $1,20 \in ($ It must be payed at the check-in at each Hotel registration time by each person registering)

3. Insurance

WAKO Europe, The Organising Committee or WAKO Europe and its agents and officers of the European Junior & Cadet Championships 2015 will not be financially responsible for possible injuries caused during the competition. All competitors must have full insurance coverage from their own organization / country. Each Country must ensure its members are adaquetley insured to compete and attend the championships. It is the responcilility of the Chief Delegate.



















4. Accommodation Reservations:

To make a successful booking for a Hotel please follow these steps: **Step one:**

Fill out and send back the provisional entry form to the Organising Committee's e-mail or Fax:

Please fill in the Appendix A – Hotel Reservation Form here with enclosed with all required information and sending it to the kind Attention of:

Ms. LOREA URANGA – Tel. +34 605 77 60 89 – by e-mail to:

kickboxing2015@basquedestination.com (ATT. LOREA URANGA LARRAÑAGA) CC to:

lorea.uranga@basquedestination.com (L. Uranga)

the APPENDIX No 1. After this the Organising Committee will contact the responsible person in each country to **confirm** the preliminary booking.

Step Two:

After the organiser receives the Final confirmation before June 30, 2015, they will inform the person responsible and confirm the reservation of accommodation.

Making changes to the reservation:

Up to and including the June 30, 2015, it is possible to make minor alterations in your reservation and any changes in cost will be dealt with during accreditation. After this date, it will be impossible to make any changes to your bokings in any form.

Attention!

All participating countries need to manage their accommodation over the organising committee. In case this rule is ignored, the country in question will not be allowed to participate on the championships.

All accommodation forms and possible changes, need to be sent to the organisational committee at: **kickboxing2015@basquedestination.com**

5. VISA

The organising board has notified the Basque Region embassies and consulates about the European championship. If you require a visa you must turn to the Spanish embassy or consulate in your country. In case any issues arise turn to the organising board. To easily check which countries require a visa for Bask Region, Spainand which do not, please visit the Ministry Of Internal Affairs web site, where you will find all the necessary information about visas:

http://www.exteriores.gob.es/Consulados/LONDRES/en/Consulado/Pages/CheckPassport.as px

Fill out and send back to the Organising Committee's **`APPLICATION FORM FOR VISA REQUEST' APPENDIX N.4** via e-mail: kickboxing2015@basquedestination.com

More about visas can also be found on the organisers official web site.

















6. TRANSPORTATION

For everyone arriving by plane, we can arrange transportation to San Sebastian and back. TRANSFER FEES

Location	Taxi Up to 4	Minibus up to 7	Minibus up to 19
Bilbao Airport	€155	€200	€375
San Sebastian Airport	€45	€65	€140
Biarritz Airport	€110	€155	€240
Train Station San Sebastian	n €25 `	€40	€120

For all additional information regarding the details of transportation and prices contact the organising board. Fill out and send back to the Organising Committee's **`Transfer form' APPENDIX N.6** TransportationCoordinator/Organizer ANE GAZTELUMENDI - Tel: 0034943326600 - ext 5306 LOREA URANGA - Fax: 0034943326600 - ext 5174 E mail : <u>kickboxing2015@basquedestination.com</u> >

Transportation by car/bus

There are no problems for travelling by car/bus; the roads in Bask Region, Spain are modern and comfortable for travel.

7. ANTI-DOPING CONTROL

It is strictly forbidden to take any illegal stimulants that are against the rules of the WAKO Anti-doping regulations.

The WAKO will have anti-doping tests on randomly chosen winners. Each athlete found positive by the test will be sanctioned according to the WAKO General Rules Anti-doping regulations.

8. FLAG AND NATIONAL ANTHEM

Each participating country must bring 2 (two) flags, size 90×130 cm and a CD with their national anthem. The flag and CD are handed in at registration and will be returned to each participant after the competition.

9. ENTRY FEE

WAKO shall receive an entry fee for each competing team and/or competitor: Euro 40,00 per person and per division – Euro 200,00 per team entry.

The total entry fee can be paid on spot by the chief of delegation in Euro cash at the moment of the accreditation, or in advance by wire transfer.

Competitors Registration:

All Athletes registration must be done online at http://www.easy-registration.de Registration online will be opened very soon and must be done by 15th August, 2015. No registrations will be acceptable after that date!

If your forgot your Country LOG IN and PASSWORD please contact:

Mr Jens Walbesdorf - wakoevent@gmx.de

or

Barbara Falsoni – barbaraf@wakoweb.com

















Age Divisions:

Presidents,

Please take particular note of the age divisions as per WAKO Rules:

Please take particular note of the age definition below, it is vitally important you put your athletes in the right section.

A competitor competes in the age division he/she is in as of the first day of the WAKO European Championships (22nd August, 2015).

Age divisions are determined in the following manner at All WAKO Championships: a competitor will be placed in an age division according to his/her **Date of Birth**.

Tatami sports:

Pee Wee Older: 8 – 9 Meaning from the date he/she turns 8 years and up to the day before 10. (Forms ONLY)

Younger Cadets Category: 10, 11 and 12 years old. Meaning from the date he/she turns 10 years and up to the day before he/she turns 13.

Older Cadets Category: 13, 14 and 15 years old. Meaning from the date he/she turns 13 years and up to the day he/she turns 16.

Juniors Category: 16, 17 and 18 years old. Meaning from the date he/she turns 16 years and up to the day before he/she turns 19. If a Junior competes in World or Continental Senior Championships, he/she can not then go back competing as Junior again and must stay within the senior categories going forward at all World and Continental Championships. Clarification. However A Junior who has competed as a Senior in World or Continental Championship can continuue to compete as a junior in all other international events, excluding the above.

Ring sports:

Younger Junior Category:

15 – 16 Years Old: Meaning from the date he/she turns 15 years and up to the day before he/she turns 17.

Older Junior Category:

17 – 18 years old: Meaning from the date he/she turns 17 years and up to the day before he/she turns 19.

The date, in which he/she turns 18, he/she can decide to be either a Junior or Senior. However if he/she has competed as a Senior at the age of 18 he/she cannot go back to competing as a Junior again.

For further clarification please go to WAKO Rules&Regulations: http://www.wakoweb.com



















APPENDIX 1

PROVISIONAL ENTRY FORM WAKO JUNIOR & CADET EUROPEAN CHAMPIONSHIPS 2015

Name of Association:	
Address:	
Country:	
Telephone No:	Fax No:
E-Mail:	

The above named association intends to enter a National Team in the Wako European Championships – San Sebastian - Bask Region, Spain in all disciplines, consisting provisionally of the team numbers showed below.

Provisional Team Number

Athletes	Coaches	Officials	Others	Total	

Provisional Athletes Entries

Style	Men	Women
Light contact		
Kick Light		
Point Fighting		
Musical Forms		
Kick Light		
Low Kick		
K1 Style		

To secure your Hotel this Provisional form MUST be returned by June 30, 2015:

Once completed please return this form to: <u>kickboxing2015@basquedestination.com</u>

Your Hotels is ONLY reserved and confirmed when you have received writen correspondance from the event office.



















APPENDIX 2

Final entry form European Championships in San Sebastian Bask Region, Spain2015 (Last day for final entry June 30, 2015)

Name of Association:		
Address:		
Country:		
Telephone No:	Fax No:	
Mobile phone:	E-mail:	

Chief Delegation	Officials	Referees
Coaches		
	Journalists	Others

Application Filled

Appendix	Yes	No	Total of Athletes
Appendix 1			
Appendix 2			
Appendix 3			
Appendix 4			
Appendix 5			
Appendix 6			

The above named association will be entering a National Team in the WAKO European Kickboxing Championships consisting of the following team.

Team composition

Ath	letes	Coa	ches	Man	agers	Oth	ners	
Male	Female	Male	Female	Male	Female	Male	Female	Grand Total

Notes: Enter the total numbers in each box.

Signed:	Stamp:	Name:	





SMO













APPENDIX 3

HEAD OF DELEGATION RESPONSIBILITY FORM

The hosts of the **2015 SAN SEBASTIAN BASK REGION, SPAIN WAKO EUROPEAN CHAMPIONSHIPS** greatly appreciate your interest, presence and co-operation in making this Event a successful and meaningful experience for all participants involved. The average participant in this Event is well mannered, well disciplined and very co-operative. Our greatest concerns are for the safety of the participants, and that at the completion of these Championships there will have been no incidents, which would reflect poorly on any individuals, teams, or organizations. We ask for your co-operation and responsibility toward these ends.

STATEMENT OF RESPONSIBILITY

I recognize my responsibility for the entire behavior of the athletes of my team throughout their participation in the **2015 SAN SEBASTIAN BASK REGION, SPAIN WAKO EUROPEAN CHAMPIONSHIPS.** These responsibilities begin at the time of their first arrival and conclude after their final departure from the Tournament, Tournament Site or other Site which might be related to their participation in this Event. This includes complete supervision while athletes are in their respective competition for the purpose of these Championships. I also recognize that discipline problems arise in the late evening after the conclusion of the competition, in the form of not **obeying the quiet hours between 11:00 pm and 5:30 am**, and especially on the last night of competition. I also recognize that the host committee, the Tournament Director, and the Staff at each competitive site will be available to help control discipline problems and make the Tournament enjoyable for all.

USE OF ALCOHOL AND DRUGS BY COMPETITORS IS PROHIBITED

State laws prohibit the use of alcohol by minors (under 18 years of age) and the possession or use of drugs. These laws will be strictly enforced by, team chaperon, and tournament officials. Any athlete found in violation of these laws may be subject to prosecution by law enforcement officers and they and their team mates will be immediately expelled from the Championship. The Head of Delegation assume responsibility for monitoring player conduct to ensure that drinking and drug use laws are upheld.

DAMAGE TO PLAYING SITES

Should damage occur at any site by a player, coach, chaperon, or even a competitor's parent the team responsible will be charged for the damages and the participant from this team will not be admitted to any Wako Championships. If the responsible individual/team cannot be determined then all teams participating at the site during the occurrence will be sanctioned from future Wako Championships. We feel it is the responsibility of all teams, competitors, coaches, and families to ensure that the site is free of any problems and damages. In addition the area of the arena your team occupies is to be free of trash when you leave your site.

It is also requirement of all competition sites that ONLY WATER, IN PLASTIC CONTAINERS will be permitted inside the sport-hall. Violators will cause their team to be immediately disqualified and dismissed from the Championships.



















ARENA CONDUCT

ATHLETES WILL ABIDE BY WAKO RULES REGARDING ARENA CONDUCT. At all times coaches, team, opponents, and officials will be treated with the utmost respect. Coaches must also assume full responsibility for enforcing arena conduct rules. Teams that fail to abide by these rules are subject to disciplinary action (e.g., DISMISSAL FROM THE EVENT).

COACH and OFFICIALS ENDORSEMENT

I certify that I have read the Code of Conduct and have carefully reviewed it with my team members

2015 SAN SEBASTIAN BASK REGION, SPAIN WAKO EUROPEAN CHAMPIONSHIPS CODE OF GENERAL CONDUCT

All participants in the Championship, athletes, coaches, chaperons and relatives are expected to abide by the above code of conduct.

<u>Note</u>: It is responsibility of every coach to review with their teams this Code of Conduct Individual and team violators of any provisions of this Code may be excluded from future participation in WAKO events. (The Tournament Director and Tournament committee will administer such disciplinary action).

PLEASE PRINT

COUNTRY			
NAME AND SURNAME			
ADDRESS			
CITY/STATE/CODE			
PHONE ()	AGE	DATE OF BIRTH	
SIGNATURE			



















APPENDIX 4 – APPLICATION FORM FOR VISA REQUEST (To be sent by June 30, 2015)

Federation / Club / Individual	
Address:	
Name of legal representative:	
Nationality:	
Phone:	
Fax:	
E-mail:	

	List of persons who this letter of guarantee includes for the same visit							
	Name & Surname	Passport No	Date of expire	Date of birth	Sex	Status	Nationality	
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								
16								
17								
18								
19								
20								



El















APPENDIX 5 - HOTEL & TRANSFER FINAL RESERVATION FORM

Please return before			Please send this form by e-mail to:					
June 30, 2015			kickboxing2015@basquedestination.com					
Feder	ation / Club /	/ Individual						
		Address:						
		Phone:						
		Fax:						
		E-mail:						
Tick HOTEL STARS	Room type	Arrival date	Departure date	Number Rooms	Number Persons	Num. Nights	Price per night	Total amount
	Single							
	Double							
	Triple							
			TRANSFER	INFORMA	TION			
Transfer	YES	NO	Number(x)		Total Persons:			
FROM				BACK TO				
ACCOMMODATION AMOUNT								
TRANSFER AI	MOUNT							
TOTAL AMOU	JNT							

Date	Signature / stamp	

This reservation only becomes valid if the Organizing Committee sends you a confirmation of your booking! Please return this form by June 30, 2015 to:

kickboxing2015@basquedestination.com



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APPENDIX 6 - TRAVEL SCHEDULE

Federation / Club / Individual	
Address:	
Phone:	
Fax:	
E-mail:	
Please return before June 30, 2015	Please send this form by e-mail to
	kickboxing2015@basquedestination.com

ARRIVAL							
	DATE	TIME	FLIGHT NUMBER	PLACE	NUMBER OF PERSONS		
San Sebastian							
Bilbao							
Biarritz Airport							
Train Station San Sebastian							

DEPARTURE							
		DATE	TIME	FLIGHT NUMBER	PLACE	NUMBER OF PERSONS	
Date				Signature			



















2016 European Capital Of Culture



DONOSTIA – SAN SEBASTIÁN CAPITAL EUROPEA DE LA CULTURA 2016

San Sebastian has been chosen as the European Capital of Culture 2016. This candidacy will be shared with the Polish City of Wroclaw.

The basic idea "Waves of energy" sums up the "soul" of the "San Sebastián 2016" candidature in a clear message: people and movements of citizens are the real driving force behind transformations and changes in the world.

They provide the vital civic energy that makes societies advance and progress. Citizens, in short, play the leading role in the search for solutions to new global challenges. Waves of Energy means a commitment to the basic role played by men and women, individually and collectively, and to the engagement of citizens and the involvement of social capital in the shared construction of society.



















OLD TOWN OF SAN SEBASTIÁN

The Old Town, as its name suggests, is the embryo of today's city. It is bordered by three natural elements: Monte Urgull, the Rio Urumea and the The Concha Bay. It was also surrounded by a city wall until 1863, when it was demolished to make way for the new town. Previously, almost the entire area within the walls had been pillaged and destroyed by AngloPortuguese soldiers on 31st August 1813, during the War of Independence against Napoleon's troops.

The Plaza de la Constitutión lies at the heart of the Old Town. The main building in the square served as San Sebastián's City Hall until the 40s. The balconies on the colourful buildings that line the square display numbers dating back to the time when it was used as a bullring. Today, however, the Plaza de la Constitución is the scene of busy comings and goings and the setting for major local festivities:

January 20th San Sebastián Day, with raising and lowering of the flag at the start and end of the celebrations

One of the activities enjoyed most by locals and tourists is taking a wander round the Old Town, stopping to get their strength back at one of the numerous bars and restaurants with a txikito, little glass of Txakolí wine and the odd ubiquitous pintxo... the Old Town is a foodie hotspot!

The Old Town is also home to the city's two oldest churches:

San Vicente Church: the oldest in the city. Gothic in style and built in the first half of the 16th century, its interior is home to a very fine Romanesque altarpiece,

the work of Ambrosio de Bengoechea and Juan de Iriarte.

Sharing the limelight is the 1868 French organ by CavailleColl and





















impressive stained glass windows. On one side of the facade is the sculpture of the "Pietà" by the artist Jorge Oteiza. People christened in San Vicente are known as "koxkeros" for the stones protruding from the church (koxka in Basque).

Basilica of Santa María: an impressive Baroque work dating from the 18th century in the Old Town's busy Calle Mayor. This work of art has a particularly interesting Baroque facade of Churrigueresque hues with its large sculpture of Saint Sebastian Martyr, and an altarpiece dedicated to Our Lady of the Choir, the city's patron saint. Alongside the baptismal font is a crossshaped sculpture by Eduardo Chillida. The Basilica was built between 1743 and 1774, on the foundations of an earlier church that occupied the same space. The main door runs in a straight line to the entrance to the Buen Pastor Cathedral. People christened in Santa María are known as "josemaritarras" (literally: "those belonging to Jesus and Mary"), and are mentioned in the hymn to San Sebastián.

At the opposite end of the Old Town is the Museo San Telmo; an ancient 16th century Dominican convent, once used as military barracks and home today of the new Museum of Basque Society and Citizenship. The building has a cloister and an ancient church well worth the visit. The far eastern side of the Old Town looks on to the harbour, well protected from the Bay of Biscay. A few remains of the ancient walls can still be seen in the underground carpark beneath the Alameda del Boulevard.























Going for "pintxos" : Miniature Culinary Art

People from Bilbao, like the rest of the Basque people, cherish two passions: One of the foodie treasures in San Sebastián is its famous pintxos; culinary bites ranging from the original slice of bread piled with food, to tiny miniature haute cuisine creations. Going for pintxos in San Sebastián's Old Town is way to learn about our culture; you'll enjoy laughs and conversation as you stay on the move, visit busy bars and generally have a great time.



Pintxos were originally a slice of baguette bread piled high with food of any kind. To hold it in place, a cocktail stick, or 'pintxo' was used. But that traditional idea has evolved until becoming today's miniature haute cuisine, flavours elaborated and concentrated into tiny,mouthwatering

Michelin Stars:

Gastronomy is a huge part of our city and our chefs astronomy.

That's what has earned us our widespread fame; the quality of our cuisine is well known right to the other side of the earth.

In fact, of the seven 3 Michelin star (the highest there is) restaurants in Spain, three are here in our city, home to another great selection of establishments holding a total of 16 Michelin stars where you can enjoy the excellent fare dished up by the city's culinary artists. San Sebastián is [one of the cities in the world to hold the highest number of Michelin stars per square metre (only beaten by Kyoto in Japan, and well ahead of cities like Paris and Lyon).

But the local haute cuisine is not only recognised by the Michelin Guide; the list of the top 50 restaurants in the world published by the magazine, Restaurant, considers the Mugaritz, helmed by Andoni Luis Aduriz to be one of the best in the world since 2006, and the third best restaurant in the world since 2011. Also since 2006, Arzak has ranked among the 10 best restaurants in the world, and in 2012, Elena Arzak, fourth generation in the family of restaurateurs, was named the world's best female chef.





















MOUNT IGELDO

Monte Igeldo offers the best known and most iconic views of the Concha Bay, a fact that makes them no less impressive. Monte Igeldo stands at the extreme western end of the bay; although it can be accessed by private transport, we recommend that you take the funicular railway, the oldest in the Basque Country, running since 1912, for spectacular hilltop views and photographs.



The funicular railway takes you right up into the Monte Igeldo amusement park. Children and adults will just love the old worlde feel of the park and its charming oldfashioned attractions, like the Roller Coaster and Trampolines.

In the centre of the park is the 18th century Torreón de Igeldo, converted from its initial function as a lighthouse to become a scenic viewpoint towering high above Monte Igeldo. To the west of the hill you will see the lighthouse built in 1855 by the civil engineer, Manuel Pieroncely. This is the perfect spot to enjoy the beauty of the sea and the cliffs of Mount Igeldo.

TO THE SHELTER OF MOUNT URGULL

On this hill standing in the heart of the city, in addition to privileged views, you will find the'History House' Casa de la Historia, and remains of the walls and canons, witness to the city's military past.

The city's abrupt military history is still alive on Monte Urgull. The setting and terrain of the hill led to its use in the 12th century as a military fortress, sole witness to the numerous attacks and sieges suffered by the walls of San Sebastián down through the years. Part of these walls can still be seen in the Boulevard underground car park. In 1794, Monte Urgull witnessed the first capitulation of the city into French hands and looked on, powerless, as fire caused by the battle between French troops and the AngloPortuguese army razed the city to the ground in 1813.





















The 12th century Castillo de la Mota standing at the top of the hill was key in defending the city, and around it we can still see the canons and arrow slits

used to defend it. It is also home to the Casa de la Historia museum which will take you on a tour through audiovisuals, models, objects and scenographies describing the features that defined the lives of people in San Sebastián thanks to a narration covering the more than 800 years of a young and lively city. The English Cemetery, on the north side of the hill, testifies to the time spent by the English in San Sebastián.

Guarding the city from the top of Monte Urgull, the Sacred Heart statue (Cristo de la Mota) blends with the landscape of San Sebastián. The work, sculpted by the artist Federico Coullaut in 1950, measures over 12 metres in height and can be seen from 4 miles out to sea.

Bordering Monte Urgull, from the Harbour to the Calle Salamanca, a promenade will take you right round the coastline. Opened in 1916, it is famous for the sight of the waves breaking against the wall on days when the sea is rough. But you'd better keep a close eye on the water if you don't want to get soaked from head to toe! In the westernmost part of th e Paseo Nuevo, defying the strength of the sea, is the imposing sculpture Construcción Vacía (Empty Construction), by the artist Jorge Oteiza. The work, winner of an award at the Sao Paulo Biennale 50 years ago, has become a reference in the world of contemporary art; a true treasure there to be enjoyed by everyone.

























ANTIGUOONDARRETA

El Antiguo named precisely for being the original nucleus of the city lies adjacent to Ondarreta Beach and Mount Igeldo. It is a residential, peaceful and elegant area, home to some of the city's biggest and most exclusive tourist attractions: the Palacio Miramar residence of Queen María Cristina offering impressive views of the Concha Bay, Ondarreta Beach and the Wind Comb, admirable work of the sculptor Eduardo Chillida and today one of the city's most iconic and beautiful corners.



ZURRIOLA BEACH

WAVES, SURF and youngsters. These are the main features of the Zurriola Beach, San Sebastián's liveliest and vibiest stretch of sand. Located in the district of Gros, between the Kursaal and Monte Ulía, ever since it was remodelled 15 years ago the Zurriola Beach has become a favourite with surfers and youngsters who come from all over the world in search of fun and new acquaintances.



The main reason for visiting the "Zurri", as the local youths like to call it, is to move your body. This lively aspect is precisely its greatest attraction. Surf championships and daily surf classes, volleyball, football and beachtennis... The hub of beach activity is to be found here, on the 800 metres of sand occupied by the Zurriola.

Crowning the easternmost end of the promenade is the Kursaal Congress Centre and Auditorium, a symbol of new modern architecture designed by Rafael Moneo. The promenade running round the beach from Sagüés to the Kursaal 'cubes' continues on its way round Monte Urgull and along the Paseo Nuevo to end at the Peine del Viento sculpture on the Concha Bay. This spectacular city walk covers around 6 kilometres and offers spectacular sea views and delightful resting spots along the way.

From the Zurriola, you can also make your way up to Monte Ulía, a green area only a moment's walk from the city centre. A former lookout point for whales, Monte Ulía is the city's best hillwalking option and follows part of the coastal route on the Way of Saint James.





GIPUZKOA





